

The Variable Annuity Life Insurance Company (VALIC)

VALIC Retirement Services Company (VRSCO)

MAIL COMPLETED FORMS TO: VALIC Document Control P.O. Box 15648, Amarillo, TX 79105-5648 Or Fax to: 1-877-202-0187

With this form you are requesting VALIC to calculate your RMD each year and automatically process your payments based on a schedule that you select. The form was designed to set up RMD payments using the most common RMD distributions.

- If you have accounts under multiple employer-sponsored plans, please complete a separate form for each plan.
- Beginning in 2024, designated Roth accounts are not subject to RMD requirements.
- Your payments will continue throughout your lifetime and will stay in effect until you cancel or modify the payment schedule.
- A check will be mailed to your address on file or you can request a direct deposit to your checking or savings account.
- If you have multiple investments within your account, the RMD payments will process pro-rata across all investments.

Contact your VALIC financial professional to discuss alternate options.

IMPORTANT INFORMATION AND GUIDELINES

If you are retired or no longer working for the Employer sponsoring the plan, the Internal Revenue Service (IRS) requires you to take annual RMD payments the year you reach RMD eligible age. RMD eligible age is:

- · Age 75 if you were born after December 31, 1959.
- Age 73 if you were born after December 31, 1950, and before January 1, 1960.
- Age 72 if you were born after June 30, 1949, and before January 1, 1951.
- Age 70¹/₂ if you were born before July 1, 1949.

There is a 25% IRS penalty (50% on tax years prior to 2023) on required distributions that are not distributed by the IRS deadline, which is December 31st each year, with one exception. The initial payment the year you reached RMD eligible age, or the year you retire if later, can be deferred until April 1st of the next year. If you elect to defer the initial year's payment you will end up taking RMD payments for two years in the same year.

The RMD amount is calculated using your account balance as of December 31st of the prior year.

Starting in 2024, per IRS guidelines, Roth accounts are excluded from RMD requirements. If a designated Roth account number is provided, that account will be ignored.

The following guidelines may be helpful for completing section 2 of this form:

- If you select a frequency other than annually, the amount of the payments issued in the year payments are to begin will depend on how many payments are remaining in that year. For example: if your annual RMD amount is \$1,200 and you select monthly payments to begin in September, the 4 monthly payments for the first year would be \$300. The subsequent years' payment will be calculated based on 12 monthly payments.
- If you are eligible and elect to defer your initial year's RMD, provide both dates in Step 2 and the year for both dates should be the same year. The
 deferred payment will be processed as a one-time distribution.
- VALIC issues RMD payments on business days between the 5th and the 24th. When selecting your payment dates, allow 3 5 days to receive the funds.
- · Payment dates that fall on a non-business day will be processed on the next business day.
- RMD payments are subject to a 10% default rate on the taxable portion. To request a different rate or to request no federal tax withholding attach a completed IRS Form W-4R. IRS forms are available on the IRS website at www.irs.gov.
- Each state defines its own tax withholding requirements and default rates on taxable distributions. If you do not provide state tax withholding
 instructions OR your instructions are different than your state's withholding requirements VALIC will withhold the state default rate, based on your
 state of residence on file.
- If you do not have enough tax withheld, you are still liable for any taxes owed and may be subject to tax penalties for under-withholding.

The following tips are to help ensure your request is received in good order:

- Spousal Consent (section 4) and/or The Plan Administrator (section 6) may be applicable to your request. If applicable and not completed your request cannot be processed.
- To confirm if section 4 or section 6 is applicable contact your VALIC financial professional or the Client Care Center at 1-800-448-2542.
 Disclosure:

If you take additional qualifying withdrawals in any calendar year, they will first be applied to the current year RMD requirements and your scheduled payments may be reduced or stopped for the remainder of the calendar year.

If your contract has a living benefit and the RMD in any contract year is greater than the Maximum Annual Withdrawal Amount (MAWA) available under the living benefit, the RMD payment(s) will not be treated as an Excess Withdrawal. Withdrawals taken in addition to the RMD during the contract year may have an adverse effect on the living benefit if, when combined, they exceed the MAWA allowed under the living benefit feature. Please refer to your quarterly account statement to determine if your annuity contract contains the IncomeLock living benefit rider and refer to your contract for how Excess Withdrawals impact your living benefit feature.

- California Residents: For your protection California law requires the following to appear on this form: Any person who knowingly presents false or fraudulent information to obtain or amend insurance coverage or to make a claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.
- NY Residents: An excess withdrawal will result in a permanent reduction in future guaranteed withdrawal amounts. If you would like to make an
 excess withdrawal and are uncertain how an excess withdrawal will reduce your future guaranteed withdrawal amounts, then you may contact us prior
 to requesting the withdrawal to obtain a personalized, transaction-specific calculation showing the effect of the excess withdrawal. Note: Personalized,
 transaction-specific calculations will be based on the previous day's values and may change by the time the withdrawal request is processed.

KEEP A COPY OF THE COMPLETED FORM FOR YOUR RECORDS

All companies are wholly owned subsidiaries of Corebridge Financial, Inc.



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MAIL COMPLETED FORMS TO: VALIC Document Control P.O. Box 15648, Amarillo, TX 79105-5648 Or Fax to: 1-877-202-0187 Do not complete this form if you have not separated from service.	
1. CLIENT INFORMATION	
Name:	
SSN or Tax ID: Date of Birth (DOB):	
Employer Name:	
Refer to your VALIC Quarterly account statement for the list of account numbers per plan.	
Account Number(s):	
If additional information is required we will call you using the phone number on file. Access your Online account at corebridgefinancial.com/retire to update your information.	
Check here if you authorize VALIC to contact you using the email on file if additional information is needed.	
2. AUTOMATIC RECURRING PAYMENTS – EASY AS 1, 2, 3	
By completing the 3 steps below and submitting this form, you authorize VALIC to calculate and distribute payments for the year specified and all subseque years' RMD payments. If you have multiple investments within your account, VALIC will withdraw funds on a pro-rata basis from such investments.	ənt
STEP 1: Select a frequency	
🗆 Annually 🔲 Semi-Annual 🔲 Quarterly 🔲 Monthly	
STEP 2: Provide a start date	
Begin payments on:	
(month) (day between 5th–24th) (year)	
Optional: Initial payment deferred date The date provided must be before April 1st.	
The date provided must be before April 1st (month) (day between 5th–24th) (year)	
STEP 3: Elect your tax withholding preference	
Federal Taxes	
□ Withhold at the 10% default rate OR □ Withhold based on the attached IRS Form W-4R	
State Taxes	
□ Withhold% OR □ Do NOT withhold state taxes, unless mandated by law	
3. DELIVERY INSTRUCTIONS	
This section allows you to direct VALIC on how to deliver your payments. If you leave this section blank, VALIC will issue a check and mail it to the address on file.	
□ Mail a check to my address on file	
Direct Deposit my funds to my	
□ Checking account □ Savings account	
Include either a voided check OR a letter from your bank stating the following: bank name, bank address, city, state, zip, ABA routing number, accoun number and designate if the account is a checking or a savings account. If submitting a letter from your bank, a Signature Guarantee must be provided the provided of the account is a checking or a savings account.	

on the letter. Deposit slips will not be accepted.

4. SPOUSAL CONSENT (Must be completed in order to	process your request if a	pplicable.)		
ERISA-covered and certain other employer plans require the and this section is left blank, we will assume you are married				to this distribution. If applicable
Please check the appropriate box below:				
REQUIRED FOR CLIENT: Client Marital Status				
Not Married Married				
REQUIRED FOR SPOUSE: Spousal Consent				
Your consent is required on this request and your signature for ERISA plans and the terms of some employer plans, as benefit of at least 50% of the amount in this account(s). As account(s). If you consent to the payments, you will not rece RMD payments. If you agree to the RMD payments, please I have read and understand the Information pages I understand and agree that the amount being pain	the spouse of the contract a result your spouse must eive a survivor benefit payr read and sign the stateme s and I agree to this RMD p	owner/plan parti have your written nent from VALIC ent below and ha payments from th	cipant, you have th n consent before tal for the amount with ve your signature w ne account(s) listed	e right to receive a survivor king payments from the hdrawn, including periodic <i>v</i> itnessed. in section 1.
liability for making these payments. Spouse (Print Name):	Spouse's Signati	ure:		Date:
SPOUSE'S SIGNATURE WITNESSED BY NOTARY PUE				Duto
This section is only to be used for a Notary Pul		usal Consent.		
State of	e 1		day of	vear of
Before me personally appeare person who executed the SPC	o OUSAL CONSENT and he/	she acknowledg	(name of spouse ed to me that he/sh	e executed the same.
	Notany Public:	· · · ·		
	Notary Public:			
5. CLIENT SIGNATURE • I authorize VALIC to make distributions from my account b			-	
I acknowledge that I have read and understand the import I certify that I am the participant authorized to make these Note: If you borrow, surrender, or withdraw any funds from y surrender value of your existing contract/certificate may be Client's Signature	elections and the informat your contract/certificate, the affected.	ion provided is tr e guaranteed ele	ue and accurate.	
6. PLAN ADMINISTRATOR (Must be completed in order t	to process your request i	f applicable.)		
Provide termination date of your former employee:		(mm/dd/yyyy)		
If the former employee was not 100% vested and non-ve we will treat as 100% vested.	ested assets have not be		orfeited, complete	the following: If left blank,
Match Vesting % as of	(mm/dd/yyyy)			
Non-Match Vesting % as of	(mm/dd/yyy	/y)		
• I authorize VALIC to make distributions based on the infor	mation provided on this for	m.		
• I certify that I have authority to approve this distribution on	behalf of the Employer.			
• I certify that the information provided in this section of the		st of my knowled	ae.	
		,		
Plan Administrator / Authorized Representative (print name)	Signature			Date
7. FOR VALIC USE WHEN PROVIDING ASSISTANCE				
Licensed Agent/Registered Representative (Print Name):				
Phone: () Agent #:		Locati	on/Region:	
			-	
Agent/Representative's Signature				
				Date

QUALIFIED JOINT AND SURVIVOR ANNUITY AND QUALIFIED ANNUITY BENEFIT: FOR ERISA PLANS ONLY

This notice should be provided to you at least 30 days, but no more than 180 days, before your proposed distribution date.

If you are married, your retirement plan distributions will be paid to you in the form of a Qualified Joint and Survivor Annuity ("QJSA") unless you elect a different form of distribution. Under your QJSA, if your spouse survives you, the plan will pay him or her at least 50% of the amount the plan had been paying to you, on the same frequency as the payments to you. If you are not married, your benefit will be paid monthly over your life and will end upon your death unless you elect a different form of distribution. This benefit is referred to as a Qualified Annuity Benefit ("QAB").

The plan may satisfy the QJSA or QAB by using your vested account balance to purchase an annuity contract from an insurance company. The actual monthly payments made under the annuity contract will depend on the value of your account balance, annuity purchase rates used by the insurance company, your age, and if you are married, your spouse's age at the time the distribution begins.

The following table reflects the relative values of monthly payments from a Joint and Survivor Annuity and a Life Annuity, assuming a vested account balance of \$5,000 and an interest rate of 6%. This table is based on the Annuity 2000 Mortality tables. The table is hypothetical and does not reflect the value of your individual benefit or the actual payments you or your beneficiaries would receive. Please note that as the ages change, the payment amount will change. If none of the examples closely approximates your situation, you may obtain a more accurate value specific to your situation from your plan administrator or from your financial professional.

Age at Benefit Starting Date

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70	65	60	55	50	45	40	35
65	70	55	60	45	50	35	40
39.62	35.35	32.38	30.27	28.75	27.61	26.76	26.13
35.47	33.65	30.21	29.26	27.53	26.99	26.07	25.76
33.71	32.86	29.23	28.78	26.95	26.70	25.73	25.58
	65 39.62 35.47	65 70 39.62 35.35 35.47 33.65	65 70 55 39.62 35.35 32.38 35.47 33.65 30.21	65 70 55 60 39.62 35.35 32.38 30.27 35.47 33.65 30.21 29.26	65 70 55 60 45 39.62 35.35 32.38 30.27 28.75 35.47 33.65 30.21 29.26 27.53	65 70 55 60 45 50 39.62 35.35 32.38 30.27 28.75 27.61 35.47 33.65 30.21 29.26 27.53 26.99	65 70 55 60 45 50 35 39.62 35.35 32.38 30.27 28.75 27.61 26.76 35.47 33.65 30.21 29.26 27.53 26.99 26.07

This QJSA or QAB requirement may not apply to smaller account balances (generally below \$5,000) and will not apply if you have elected another form of benefit. A partial withdrawal would be considered another form of benefit for this purpose. Other alternate forms of benefits that may be available under your employer's plan and under your plan investments may include:

Annuity

An annuity can provide you with payments for your life or for your life and that of your beneficiary; payments for a specified period; payments for your lifetime with a minimum guaranteed period; or a continuation of payments to your surviving spouse that is different from the plan's percentage of the payments made to you. Generally, the more that the form of payment guarantees, such as a minimum period of payments, or payments to your surviving spouse or to another beneficiary, the more that specified benefit amount will cost. There are IRS rules that may limit the period during which payments may be made.

Lump-Sum Distribution

If you elect a lump-sum distribution, your benefit will be paid to you in one payment. The amount of your benefit is the vested portion of your account balance as of the valuation date used to calculate your distribution.

Installments

If you elect to receive your benefits in installments, you may specify the dollar amount and frequency of your payments. The period of time over which you receive these installments cannot be greater than your life expectancy or the joint life and last survivor expectancy of you and your designated beneficiary. There are other IRS rules that may further limit the period over which you receive payments.

In order to elect one of these alternative forms of benefits you must waive your right to the QJSA or QAB, and if you are married, your spouse must also consent in writing. In addition, this written consent must be witnessed by a Notary Public or by your Plan Administrator. You are entitled to 30 days (but no more than 180 days) within which to make this decision. Although you have at least 30 days to make this decision, under some circumstances, you may waive this minimum 30-day period, and if you submit a waiver of the QJSA or QAB less than 30 days after it is signed we will assume that you are waiving this notice period. Unless a waiver of the QJSA or QAB is made irrevocably, you have the right to revoke the waiver and execute another waiver at a later time, up to the time when the benefit payments have started. You also have the right to defer receiving a distribution, subject to the terms of your employer's plan as well as legal requirements that generally require distributions to commence upon the later of attainment of required minimum distrubions after age 75 (if born after December 31, 1959), 73 (if born after December 31, 1950, and before January 1, 1960), age 72 (if born after June 30, 1949 and before January 1, 1951), age 701/2 (if born before July 1, 1949), or after death.

The investment options available to you, the right to change investment options, and the fees imposed under the investment options will not be affected by your decision to defer distributions.